



Code of Conduct: Divers

As a member of our club, we understand you have the right to:

- Enjoy the time you spend with us and know that you are safe.
- Be told who you can talk to if something's not right.
- Be listened to.
- Be involved and contribute towards decisions within the club or activity.
- Be respected by us and other team members and be treated fairly.
- Feel welcomed, valued and not judged based on your race, gender, sexuality, faith or ability.
- Be encouraged and develop your diving skills with our help and support.
- Be looked after if there's an accident or injury and have your parents/guardians informed, where appropriate.

As a member of our club, we expect you to agree to the following conduct:

General behaviour

1. I will follow the rules of the club, my squad, and any particular activity I am taking part in, at all times.
2. I will treat all members of the club with due respect including: Fellow divers, Coaches, Officials.
3. I will treat all competitors and representatives from competing clubs with due respect.
4. I understand the use of inappropriate or abusive language, bullying, harassment, discrimination or physical violence will not be tolerated and could result in action being taken through the club disciplinary or child welfare policy.
5. I will treat everyone equally and never discriminate against another person associated with the club or Swim England on any grounds including that of age, sexual orientation, gender, faith, ethnic origin or nationality.
6. I will report any poor behaviour by others to an appropriate officer or member of staff.
7. I will respect the privacy of others, especially in the use of changing facilities.
8. I will not use any device to take photographs or footage of others in the changing rooms or cubicles.
9. I will report any concerns I have about others taking photographs or footage of others in the changing rooms or poolside.

Diving training

1. I will arrive in good time for training. I understand that if I arrive late, I must report to my Coach before starting training.
2. I will endeavor to have all my equipment with me.
3. I will use the lavatory before training begins and always inform the coach if I need to leave the pool during training.
4. I will listen to what my coach is asking me, or instructing me, to do.
5. I will always be aware of other divers both on poolside, the boards and in the pool.
6. I will make my coach aware if I have difficulties in attending training sessions as per the rules laid down for my squad.

Competition

1. I agree to dive in events and galas that the Head Coach has entered/selected for me, unless agreed otherwise by prior arrangement with my Coach.
2. I agree to be responsible for and enter my dive sheets on time; any problems I will notify my Coach before the deadline.
3. I agree to being responsible for, under guidance from my Coach, my warm-up before the event and to prepare myself for the event.
4. I will be part of the team and stay with the team on poolside. If I leave for any reason, I will tell the Coach and Team Manager where I am going.
5. I will listen for my event to be announced and go to the marshalling area on time and report in.
6. I will support and encourage my teammates, tell them when they've done well and be there for them when they are struggling.
7. I will wear club uniform when representing the club.
8. After my event(s) I will report to the coach to receive feedback on my event.

Training and Competition

1. Consumption of Alcohol is totally forbidden for athletes under age as defined by UK law. It must not be consumed by divers or staff members whilst en-route, prior to, or following a competition event, training camp or team activities, without specific consent of the Team Manager. During competition alcohol is strictly forbidden to all divers and staff.
2. Smoking: is prohibited by divers and staff whilst en-route, prior to, during or following a competition event, training session or team activities.
3. Illegal and Performance Enhancing Drugs and Substances are strictly forbidden. Divers are expected to be aware of the current list of banned substances and particular care must be exercised if anyone is on medication prior to or during a meet.
4. Illegal Drugs and Substances, the use of these, even though they may not appear on the official banned list in respect of performance enhancing drugs, is nonetheless prohibited.
5. Medication: It is important that information on all medication being currently taken should be reported to the Team Manager who will report it to the relevant personnel. Allergies to any medication must be reported to the Team Manager.
6. Accommodation at hotels or equivalent must be as directed by the club staff and at no times must anyone extra be accommodated in diver's rooms.

Breaches of the Code of Conduct shall be dealt with in the first instance by the Team Manager or Coach. He/she shall report the incident to the Secretary of the club who shall take further action as is deemed necessary